



PERÚ
wellness
TRAVEL





Peru Wellness

The impressive accumulation of indigenes' knowledge can not be expressed simply as a product of mysticism or Incan magic—the discovery of pharmacological actions in many species from the Peruvian flora results from prolonged periods of experimentation.

Some of the discoveries of the ancient Peruvian herbalists are a contribution that, until now, modern medicine considers of much importance in the process of medicinal botanical properties.



*Experience the
power of healing
journeys in Peru*

We design wellness trips and retreats, incorporating healthy lifestyles to break the routine and transform your energy.



Travel is a tool to alter and expand one's "consciousness."



Our Purpose

We offer the traveller-pilgrim innovative proposals in resonance with the search for experiences.

Our Nature



Travelling is one of the most significant sources of well-being when we use it to find ourselves.

We increase positive emotions.

Leaving the everyday routine helps us to find creative spaces to listen to that “observing self” that connects with our true Soul.





How does it work

Due to their Spiritual and energetic legacy, the Andes Mountains work wonderfully for our emotional states; the Amazon Jungle, for its healing potential through plants and pollution-free oxygen, and the desert coast of Peru to find your inner happiness.

Our wellness weekends are inspired by nature and traditions.



Clarity

THE ANDEAN MOUNTAINS

Peru Wellness is that clarity of the inner senses, those that allow the human being to perceive the essential that underlies life itself.









Sensitivity

THE AMAZON RAINFOREST

Peru Wellness awakens that sensitivity that allows humans to reconnect with essential qualities that make them fuller being.







Expansion
THE DESERT COAST

Peru Wellness inspires the inner expansion that humans need to transcend their internal limits and open up to a new beginning.







What we offer

HOLISTIC & SPIRITUAL RETREATS

WELLNESS WEEKENDS

CONSCIOUS & SUSTAINABLE TRIPS

SPA & THERMAL TREATMENTS

HEALING FOOD

INTEGRATIVE THERAPIES



What we offer

ART & SOUND HEALING

ANCESTRAL WELL-BEING TRADITIONS

CORPORATIVE WELLNESS EXPERIENCES

COURSES & WORKSHOP

